

SBL Osteo Arthritis

Scenario:

A 58 years old female presents with both knee joints, more in right knee. She starts to get pain after walking for 200 to 300 meters. She is also finding difficulty in getting up from sitting position on the floor and while praying. She also complains pain in knees during night which wakes her up several times.

On examination she has got genu varus deformity more in right leg. There is mild effusion in right knee and there is course crepitation over knee joints on movement. X-ray is showing decreased medial joint space and osteophytes formation at the margin.